



Field Day ~ 2020



Come and join us for this fun annual event! **Field Day** will be **Wednesday May 13th at Butterfield Park in Castle Rock with the rain date on Friday May 15th**. It will run approximately from 9:00 AM to 2:30 PM. The cost will be **\$13.00 per child** (call or email us if a large family discount might apply to your family) for ages 4-13 (we can flex with the ages if you talk to us). Siblings and friends not enrolled in PE+PLUS are welcome to participate (as long as we have space and they are 4- 13 years old). We will do fun individual and team events like **Tug-O-war, 3-Legged Race, Sack Race, 100YD Dash, Balloon Bust, Relay Races, Shoe Kick/ Shoe Scramble, Softball Throw, Soccer Kick, Basketball Shoot, Long Jump, Clothes Relay**, and others.

Then we'll have a bring-your-own picnic lunch, with an award ceremony that includes ribbons (everyone will receive a special **Participation** ribbon that is unique to each year, **Tug-o-War & Relay Race** ribbons, and then some will win **Skill** ribbons and a **Super Sport** ribbon as well)! This is a great day for dads & grandparents to come and join the festivities!



We will also need **plenty of help** again running Field Day. We'll need parents to help supervise groups (a great way to watch and be with your child throughout the day) and young adults to help run events. Remember, young adults who help will receive **free admission, free lunch, and get to participate in 2 events of their choice** (as long as they get someone to cover their event while they're gone and do not earn a ribbon at that event). We could use up to **40 young adult helpers** and **24 parents** to assist (moms, you can have younger siblings with you while you help, if you wish). Young adult helpers will need to show up at 8 AM for instructions, and parent helpers at 8:30 AM.

Please fill out and turn in your registration slip below as soon as possible, so we can order ribbons, make plans, and keep the groups as small as possible. You can mail in your slip, or give it to Coach Dave or a Helper Mom with your payment.

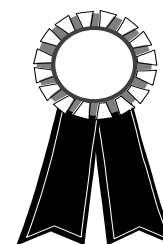
Mail to: PE+Plus, 219 Lewis Street, Castle Rock, CO 80104

-Please print & turn in bottom portion-

YES, we will be attending **FIELD DAY** on Wednesday May 13th (rain date is May 15th)!

Phone # _____

Email _____



Kids' names and AGES are (add more names on back):

Student Helpers: _____

Parent Helpers: _____

Name of Parent or Guardian _____

Signature _____